

The Bulldog Nation Bulletin



North Raleigh Athletic Association

www.northraleighbulldogs.com

July 2010

Are you ready for some Football? July Must Do's...

Newsletter Contents

| | |
|--------------------------------|---|
| July Must Do's | 1 |
| Sponsor of the Month | 1 |
| Registration continues | 2 |
| Pep Rally/Fundraising Heads up | 2 |

Calendar of Events

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|------------|------------------------------------------------------------------------|
| July 19 | 6:30 pm Kick-off/Parents Meeting |
| July 22 | 5:30-7:30 pm Tackle Equipment pick-up |
| July 24 | 9:00 – noon Tackle Equipment pick-up |
| July 24 | noon – 3:00 pm Specal Cheer Registration at Dick's, Brier Creek |
| Aug. 2 | First Day of Practice |
| Aug. 8 | 3:00 – 7:00 pm Dick's Sporting Goods discount night for Bulldogs |
| Aug. 14 | Pep Rally at WMMS |
| Aug. 17-19 | Family Night Out at Red Robin restaurants |
| Aug. 21 | Jamboree/Scrimages! |
| Aug. 28 | First Game Day |

Locations and exact times will be announced by Coaches later.

1. Send in medical forms and reports cards today.

Medical forms must have physician's inked signature and should not be scanned, Emailed or faxed. You can use info from a physical done since Jan. 1, 2010. No need to schedule a new one. Please mail form to NRAA, P.O. Box 98872, Raleigh, NC 27624-8872.

Report cards: After your child completes their school year, please mail, fax or email the complete report card by July 15th.

The report card is not acceptable unless it includes all 4 quarters and shows proof of promotion. If it does not show promotion, please get the school to verify this by: 1) sending an email to our Scholastics Coordinator or NRAA mailbox that will be printed and attached; 2) writing "PROMOTED" directly on the report card with a signature by a school official; or 3) faxing a note directly.

Email: nraabulldogs@gmail.com

Fax: (919) 325-9404

NRAA, P.O. Box 98872, Raleigh, NC 27624-8872.

2. Attend the NRAA Parents Meeting on July 19, 6:30 pm

Find out the Football and Cheer Rosters & Meet the Coaches at the NRAA Parents-only Meeting on July 19, 6:30 PM at the Ravenscroft Main Gym. You can ask about practice schedules, practice attire, volunteer to be a coach or team parent, and purchase Bulldog merchandise. The meeting is mandatory.

3. Pick up Tackle Football Equipment , July 22 or 24

Equipment will be handed out at the West Millbrook Middle School field from our mobile storage trailer on July 22, 5:30-7:30 pm, and July 24, 9 am – 12 noon.

For a proper and safe fit, football players must be present to pick up equipment. Players should come dressed in shorts and sandals to try on and pick up equipment. If you miss these dates, you must Email NRAAbulldogs@gmail.com It will be forwarded to Ms. Teri Gamble, Equipment Director.

Sponsor of the Month: Dick's Sporting Goods

EVERY SEASON STARTS AT



Thanks to Dick's for
sponsoring the North
Raleigh Bulldogs!

Our special Cheer Registration day will take place on July 24, noon – 3:00 p.m., at the Brier Creek Store.

Don't miss the Bulldog Shopping Day on August 8, 3:00-7:00 p.m! Enjoy 15% off your total purchase in addition to our Team Sports Packet discounts! (some vendor restrictions apply) For details, [click now](#).

Coupons will be distributed at the Porter Ridge Table inside the store that day. *It's also Tax-Free Schools Shopping weekend! Get something for the entire family.*



2010 Registration Status

More than 400 people are registered for Bulldog football and cheerleading this fall. We still have openings in Flag, Midget Tackle, and Cheer teams. Please use Online Registration or refer a friend to Online Registration. For all other divisions, please Email our president to get on the Waitlist. Wait listed people will be contacted as others withdraw before or during the first weeks of practice.

Flag Football - Still registering
 Tiny Mite Tackle Football - WAITLIST
 Mitey Mite Tackle Football - WAITLIST
 Junior Pee Wee Tackle Football - WAITLIST
 Pee Wee Tackle Football - WAITLIST
 Junior Midget Tackle Football - WAITLIST
 Midget Tackle Football - Still Registering
 All Cheer Teams - Still Registering

Go to [Online Registration](#) now.

[Email](#) to get on Waitlist now.



Pep Rally on August 14!

Mark your calendar now! Pep Rally is on Saturday, August 14, on our home field West Millbrook Middle School after two weeks of practice. It's a great family day of fun, with field day competitions, football and cheer activities (not scrimmage), food and bounce-houses, and more. Please look out for announcements from the coaching staff, your team parent, and our Email system. Team photos will be taken on that day as well.

Our Fundraising Team led by Second VP Deanna Sohn is looking for Pep Rally exhibitors and vendors of merchandise, products, and services. Team Parent Coordinator Jen Troch will be organizing sponsors for our Yearbook. If you want to see a sponsor packet, please review our [fundraising page](#) or Email nraabulldogs@gmail.com.



Red Robin Family Nights Out, Aug. 17 – 19.

Our repeat sponsor Red Robin Restaurant will donate a portion of proceeds to the Bulldogs from Family Night Out at the Red Robin Brier Creek and Wake Forest locations. We have multiple days – Aug. 17, 18, and 19, and two locations for our convenience. Details are coming soon. Come on everyone -- for one, two or all three nights, enjoy food, beverages, and fun at Red Robin! Wow!