

The Bulldog Nation Bulletin



North Raleigh Athletic Association
www.northraleighbulldogs.com
September 2010

Great Results!

1. Pep Rally!

Remember three busy weekends ago? The Bulldogs had a fabulous time at the Pep Rally. Teams and cheer squads got to strut their stuff and unite the North Raleigh community. The Silent Auction and Punt, Pass, and Kick events went very well, thanks to dozens of Team Parents and volunteers. Thank you!

2. Red Robin Spirit Night

A big cheer for all of the families who supported the Bulldogs Spirit Nights at Red Robin restaurants. By dining out at our sponsor's restaurants, collectively we earned more than \$1500. Not bad for just eating and enjoying! Congratulations to Coach Whitmore's Jr. Pee Wee Silver team for the Top Team and a special shout out to Ms. Ellie Russin, of Tiny Mite Cheer for being the Top Individual in Red Robin fundraising.

3. Football Games

Hope everyone learned a great deal and had fun at their first game this past weekend. The Bulldogs played very well on August 28. We can't recognize

every team every week, especially since the younger divisions do not keep score. See Game Results posted on our [website](#). Great job!

4. Spirit Bags

Connecting Bulldog families with our local community is very important to the longevity of our program. That's the idea behind the new Bulldog Spirit Bag. Teams that played on our home field last week started receiving these bags of coupons, calendars, and fun mementos from area businesses and health care providers. Thanks to the wonderful team at All-American Heating and Air Conditioning for not only providing the bags, sports bottles, and coozies, but also stuffing the 550 sacks. Thank you! Bravo! All American is also a Silver Sponsor this year.



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Calendar of Events

Sep. 4	Labor Day weekend Pop Warner games don't stop!
Sep. 6	Happy Labor Day
Sep. 11	Keep playing, keep having fun.
Sep. 18	Are you ready for some mo' football?
Sep 25	Last time this month... Go, Dawgs!

Sponsor of the Month: Tijuana Flats

Kelsey, the marketing manager for Tijuana Flats says: "We are very proud to support the Bulldogs! Tijuana Flats is a unique, fast-casual Tex-Mex dining experience featuring superior guest service and fresh, made-to-order food. We are located in North Raleigh on the corner of Millbrook Rd. and Falls of Neuse Rd. in the Quail Corners shopping center. Customers can choose from flour or whole-wheat tortillas for any of their tacos, burritos, quesadillas, chimichangas and flautas.

Tijuana Flats also has a popular "Power Lite" selection, which allows customers

to choose low-fat cheese and fat-free sour cream in any menu item at no extra charge. Come visit our location and sample some of the dozens of hot sauces we carry. You will be blown away by the funky atmosphere, colorful walls, and amazing food!"

TF is also proud to sponsor our new * **POW** * (Photo of the Week) contest! See p.2 for details).

Remember: There's no problem a burrito can't solve!



POW

Photo of the Week contest.

Sponsored by Tijuana Flats.

Rules:

1. Each person may submit no more than one photo per week as an entry.
2. All entries must be received between Saturday and Tuesday 1:00 PM. There will be one winner per week, starting with Saturday, Sep. 4.
3. Entries may be submitted as an attachment in an Email sent to nraabulldogs@gmail.com or as a link to a Facebook, Picasa, or Flickr gallery that is public. Send the link to a specific photo not the whole album, please. A higher resolution photo must be rendered if the entry wins.
4. Important! By submitting the photo, the photographer will assume responsibility of having permission from each of the photo's subjects for their image to be used.
5. Winner will be selected by members of the NRAA Board based on display or any or all of the following **judging criteria: athleticism, determination, pride, achievement, sportsmanship, humor, or unusual composition.**
6. The winner will be contacted by Email to get the highest resolution photo available and then announced on Friday on the website. Other entries (non-winners) will be displayed if space permits. The Board reserves the right not to post or consider photos showing poor judgment or indecency, or for any other reason.
7. The winner each week will receive a \$10 gift certificate to eat at Tijuana Flats. The certificate must be picked up at the 1310 E. Millbrook Rd. location in Raleigh. At that time, the restaurant should also have a printed photo for either the photographer or the subject to autograph. The photo will be displayed on the Bulldog wall!
8. Have fun with this. Please direct any questions to Cyndy, Bulldogs Communication Director, at nraabulldogs@gmail.com.

2010 Registration Status

Registration is closed for all football and cheer divisions except Midget Tackle Football. For information, click [here](#).



Pop Warner All Americans

Pop Warner promotes both athleticism and academics. This year, the Bulldogs celebrate our largest class of All-Americans ever! These student-athletes must be in the 5th grade or higher and have completed the previous school year with a GPA of 96% or greater! The full list of 68 people is on our homepage, www.northraleighbulldogs.com

More about the All Americans program is found at our [Scholastics](#) link.

Bulldog Traditions

Why do we serve oranges at half time?

- (a) Players need the water.
- (b) Players need the vitamin C.
- (c) Players want the sugar.
- (d) At one time, a player lost a mouthpiece and used an orange peel as a substitute. This isn't really legal.
- (e) It's nice to have an orange peel smile when you're ahead in points.
- (f) It's also nice to have an orange peel smile when you're behind in points.
- (g) Your answer?